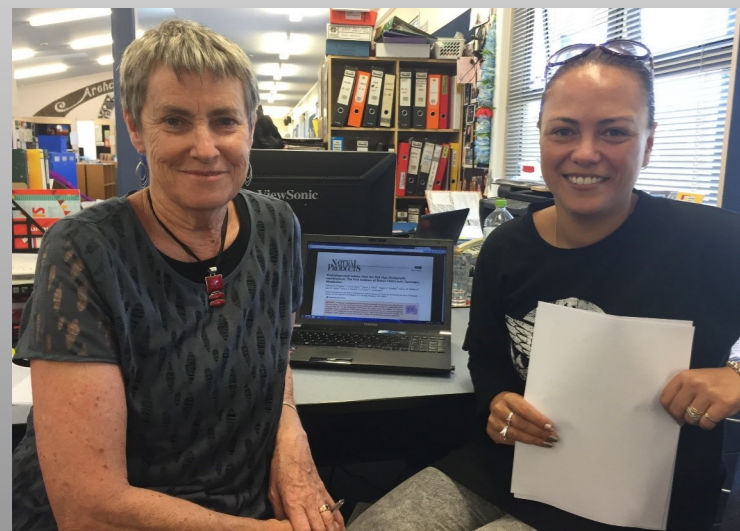
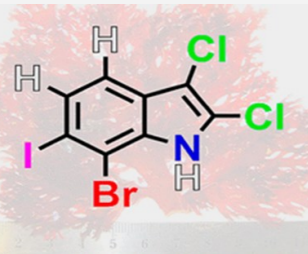


Graduate News

Helen Woolner called in to show us her article published in the Journal of Natural Products as part of her work towards completing her PhD at Victoria University. You can read about 'Polyhalogenated Indoles from the Red Alga *Rhodophyllis membranacea*: The First Isolation of Bromo-Chloro-Iodo Secondary Metabolites' in the January issue. For those of you with a scientific bent, we have shared the abstract here:

An unusual tetrahalogenated indole with the exceptionally rare inclusion of the three halogens bromine, chlorine, and iodine was found using mass spectrometry within a fraction of a semipurified extract obtained from the red alga *Rhodophyllis membranacea*. We report herein the isolation and structure elucidation, using a combination of NMR spectroscopy and mass spectrometry, of 11 new tetrahalogenated indoles (1–11), including four bromochloriodoindoles (5–7, 10). Several were evaluated for cytotoxic and antifungal activities against the HL-60 promyelocytic cell line and *Saccharomyces cerevisiae*, respectively. Photo: Helen Webber and Helen Woolner.



New Babies

We welcome all our new babies:
Sam Beattie - *Kymani*.
Rheana Cashmore - *Zane*
Prey Meh Nga - *Wai Yan*
Amy Nixey - *Aria*
Lily Talamaivao - *new baby daughter*



Simone Lyttle - *Makere Rose*

A very big thank you to all the public and private donors who have supported us this term. We could not provide the varied programme and high standard of care for our students without your help. We welcome donations towards the work of the school. Donations to the scholarship fund can be made to the HHT Trust. These are tax deductible and a receipt will be sent to you. WV Crane, T Watson, H Margolis, J Reader, J Clarke, NP Campbell, Southland Girls' High School Old Girls' Association, AB Sturman.

If you have changed address or would like the newsletter emailed to you, please contact Sarah De Renzy at sarah@hht.school.nz

He Huarahi Tamariki School for Teenage Parents—PO BOX 51346 TAWA WELLINGTON—(04) 232 0956 Fax 232 0957—sarah@hht.school.nz
Our host school is Wellington East Girls' College—Principal: Sally Haughton

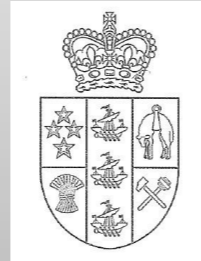
Kapa Haka at the Edinburgh Tattoo

We were very proud of Rauaroa Tuhou-Taiapa, who performed as part of the largest ever kapa haka group in the recent Royal Military Edinburgh Tattoo at the Westpac Trust Stadium in Wellington. Rauaroa was one of 200 performers from seven Te Matatini groups around the country who played to 40,000 people each night. It was the first time she had performed in front of an international crowd. "I was really nervous but it was a great experience in front of a packed stadium and in front of my family." Once again, Rauaroa will head to Matatini in 2017 with her group, Tū te Maungaroa, to compete.



Banana Coconut Bread

From a visit to Government House in July 2015 hosted by Her Excellency Lady Janine Mateparae.



Ingredients

125g butter, melted
2 eggs, lightly beaten
1 tsp vanilla extract
3 ripe bananas, coarsely mashed
1 cup plain flour
2 tsp baking powder
1 cup desiccated coconut

Method

- Heat oven to 180°C (160°C fan bake). Grease and dust a standard loaf tin with flour. Place butter, eggs, vanilla & bananas in a bowl and whisk briefly to combine.
- Sift flour and baking powder into another bowl. Add coconut and make a well in the centre. Pour wet mixture into the well and stir to combine, being careful not to over-mix.
- Pour mixture into prepared tin. Bake for 1 hour 15 mins, or until a skewer inserted in the centre comes out clean. Leave to cool in the tin for 10 mins, before turning out on to a wire rack to cool completely. Slice and butter if desired.

Tip: Banana bread lasts for several days if stored in an airtight container. It is equally delicious toasted and served hot, slathered with butter and drizzled with honey.

He Huarahi Tamariki

School for Teenage Parents

Term 1 2016

Prize Giving 2015



Photos Left to right: Graduating students Kim Edmonds-Stoneham, Isayah O'Neill, Te Maamae Siale-Tou and Esta Walker-Visala; Guest speaker Mercy Jumo; HHT Chairman Johnny Bell, congratulates former student Haley Poutama and her daughter on receiving the Michael Campbell scholarship.

Prize giving 2015 was celebrated with students, staff, former students, family and friends at He Huarahi Tamariki. Te Maamae Siale-Tou was our MC together with Esta Walker-Visala. Our guest speaker, Mercy Jumo from Save the Children, talked about making the most of opportunities and the importance of community. We were entertained by the HHT singing group led by Jhan Lindsay. They performed '1000 Years' and 'I won't Give Up on You', and Te Maamae sang 'Dream a Little Dream'. Former student, Clara Curtis, spoke on behalf of the graduate students about her experience as a law student at Victoria University and the importance of perseverance and learning from your mistakes. We said goodbye to six of our students who are going on to work and further study. Special awards were made: The **School Attendance Prize** was awarded to Isayah O'Neill and Sandra-Jean Graham-Hall; the **Clifton Buck Memorial Award for Excellence in Writing** was awarded to Hayley Walker; the **Leadership in Sport Cup** was awarded to Isayah O'Neill; the **Outstanding Contribution to He Huarahi Tamariki** was awarded to Esta Walker-Visala; and Pray Meh Nga received the **Absolutely Positively Wellington Award**.

Scholarships

Our students were again fortunate to receive assistance from the HHT Trust scholarship programme with the following scholarships being awarded: Mana Business and Professional Women - Libby Armstrong; Michael Campbell Foundation - Haley Poutama; Brian Tyler Award - Kim Edmonds-Stoneham and Kimberley Strachan; Margaret Lynne Baxter Award - Chloe Callaghan and Isayah O'Neill; Marcia Spencer Award - Te Maamae Siale-Tou and Esta Walker-Visala; The Wellington District Grand Priory Branch of the Masonic Knights Templar Award - Esta Walker-Visala; Zonta Club of Mana Award - Joanna Ashcroft; Mana Mission Support Award - Leiana Lavakula and the Sir David Baragwanath Award - Clara Curtis. We are very grateful for this support.



Photos L-R: Noeline Reisch of Mana Business and Professional Women presents Libby Armstrong with the award; Hayley Walker receives the Clifton Buck Memorial Award from Julia Buck; Joanna Ashcroft receives the Zonta Award from Marie Hook; Sandra-Jean Graham and Isayah O'Neill receive the Attendance Cup from Helen Webber; Clara Curtis receives the Sir David Baragwanath Award; Linda Broome presents Esta Walker-Visala with the Marcia Spencer Award.



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From our Teacher in Charge

Tēnā koutou katoa

2016 has heralded the safe arrival of six babies. We have also welcomed nine new students and farewelled a student to Australia. We are still recalling with pleasure our end of year prize giving celebration. It was wonderful to publicly acknowledge our students' achievements and the generous support of our community. Our thanks to everyone who plays a role in our HHT life.

Now another year is unfolding with new opportunities. A theme is emerging around participation and keeping active. The Boys' and Girls' Institute and Wellington City Council have collaborated on a programme named SHIFT which aims to increase the physical fitness and wellbeing of young Wellington women. SHIFT is led by a dynamic duo, Chloe Forbes and Katie Adams, who have invited HHT to join the pilot. At the introduction to the programme, a provocative video was shared. In the video children were asked, "What would you do with an extra five years?" The video ended by claiming that for the first time in history, this generation may die younger than their parents. See website www.designedtomove.org

We look forward to becoming more physically active and enjoying all the anticipated benefits for ourselves and our families.

We are also grateful to the Warehouse Wellington Zoofari who provided transport and a zoo learning session for our students and their children this term. This was a great family day out.

We took the opportunity to capture a further family moment when the Adams family visited on enrolment day. It is very special to have four generations together at HHT.

*Ngā mihi nui Helen Webber
Kaydee Adams with Juliet Adams, Aileen Hurst and baby Abigail.*



Absolutely Positively Wellington Award



Pray Meh Nga was unable to attend Prize Giving as she had far more important things to do- she was having her baby. She was awarded the Mayoral Award for her Community Contribution at HHT. She was commended for her focus and academic achievement and for her contribution to music and the school community. Also acknowledged was her work helping her family business and her cultural contributions to the Burmese community in Porirua and Wellington. There she has contributed to the dancing and singing, supporting of new settlers and as a translator for new arrivals to New Zealand. *Pray Meh holds Shin Htet Wai Yan Nga on a recent visit to HHT.*

Craft at HHT

Ribbon-pull toy

Touch and explore toy for ages 6 months +

Equipment:

Cardboard tube (needs to be strong)

3-4 x 20cm lengths of ribbon/string

Sharp knife

Coloured adhesive paper (optional)

Instructions:

Cut the cardboard tube to about 15cm long.

Cover with adhesive paper.

Make two holes opposite

each other on the tube.

Thread ribbon through (may need to put sellotape around the end of the ribbon to help it thread through). Tie knots in each end of the ribbon.

Repeat with remaining ribbons.



Global Mission Visit



HHT hosted students from the Global Mission for the second year in November 2015. Students came from Kiribati, Malaysia, India, Samoa, Britain, Guyana, Hong Kong and New Zealand. Students enjoyed getting to know our guests with a question and answer session, and learnt that tolerance for teen parenting varied widely. Students then had an impromptu music exchange.

*He
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noa.*

ZONTA Hosts HHT Lunch



Thank you to all who sponsored this event.

Steph O'Carroll Ron talks to HHT Students

Steph came and inspired our students with her tales of success in the banking industry as a result of hard work and determination. She reminded the students that they need to grab every opportunity and to turn every situation to their advantage, including difficult work moments. Her son, Carlos, is her priority outside work and she fills her weekends coaching the under fives at Northern United Rugby Club at Porirua Park. *Photo: Teachers Kohine Balejko and Regis Le Moguedec with Steph O'Carroll Ron.*



Students and staff were hosted by ZONTA for an end of year lunch at the Roundabout in Tawa. Each student was presented with a gift for their child from a Zonta member. Guest speaker and long distance runner, Melissa Moon, spoke about her career. She was named New Zealand Sportswoman of the Year in 2001, and in 2010 she won the women's race up 86 flights of stairs of the Empire State Building. Melissa talked about how she found her passion in running and the obstacles she overcame to reach her goal. Melissa is now helping to train a partially sighted person to run a marathon.

Photos Top: HHT students Hineora Mike and Kim Edmonds-Stoneham enjoy lunch; Above: Barbara Thompson, Helen Webber, Melissa Moon and Lyn McKenzie, President of Zonta.



Photo below: Lyn McKenzie and Juliet Bellingham with HHT students Samantha Beattie and Hinehou Mason.

